

SESSION 2:
LOSING OURSELVES

Text: II Corinthians 4:1-18

May 4 & 5, 2019

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Life Group Lesson

40 Days to Live • Week of May 5

SESSION TWO: LOSING OURSELVES

Read II Corinthians 4: 1-18

PRIMARY TEXT

That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever. – II Corinthians 4:16-18

Play the teaching video

Paul gives the Church at Corinth several principles to Maximize the Dash. If we live long enough, none of us can avoid the aging process. Joints begin to ache, muscles are not as pliable or as strong, and what used to be an easy exercise becomes more challenging. Paul tells us to look towards heaven while we are in our earthly bodies. We are to take care of our bodies by eating right and exercising but they were not made for heaven. Here are some of Paul's Principles along with discussion questions:

1. We live in spiritual renewal though our bodies are in decay.
 - a. Experiencing hope in the midst of limited space and time---what did you learn from Barbra in Waynesville who at first was focused upon her limited time on earth?
2. Troubles produce a new work within us when we are focused on others.
 - a. Name a time when you became focused upon your own problems or challenges and you developed tunnel vision. You couldn't hardly see any positive in a difficult situation?
 - b. Who or what helped you to get through the challenge?
3. We are all time-sharing as our home is not of this earth.
 - a. You were made for heaven not for earth so how can we aim for Heaven in our daily lives instead of being focused solely upon this earth?
 - b. Name a person in your life who has a lot of challenges and may be discouraged? How can you step in and love Christ by loving and encouraging that person?

My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me. Galatians 2:20

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