

# GOING THE DISTANCE

The Beauty and Bonding of Marriage

**Text:** Ephesians 5: 31-33 & Song of Songs 7: 1-13

## Biblical Principles which help us Go the Distance:

1. Created for \_\_\_\_\_
2. Created for revealing the \_\_\_\_\_ of God, \_\_\_\_\_ and \_\_\_\_\_.  
Matthew 19: 3-12
3. Created for Bonding.  
Genesis 2: 24
4. Created for \_\_\_\_\_ and \_\_\_\_\_.
5. Created for \_\_\_\_\_. The Hebrew Word YaDah.
  - A. A Book in the Bible dedicated to \_\_\_\_\_ and \_\_\_\_\_.
  - B. The Hebrew \_\_\_\_\_ is parallel with the image of intimacy with \_\_\_\_\_.
6. Created in the image of God means you are \_\_\_\_\_, physical and \_\_\_\_\_ beings.
7. Created for intimacy with God and spouse. \_\_\_\_\_ in the making.

### Action Steps for Couples:

- 1) Re-read Song of Solomon 7 to each other, men vs 1-9, women vs. 10-13
- 2) Share with your spouse what you respected, liked about her or him when you met.
- 3) Share what attracted you the most to your spouse.

February 2 & 3, 2019

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# Life Group Lesson

## Week of February 3

### The Beauty and Bonding of Marriage

**Read:** Song of Songs 7:1-13

**Further Study:** Psalm 45, Malachi 2:10-16, Matthew 19:3-15

**Goal:** To see your spouse at a deeper level understanding your union bonds you physically, emotionally, and spiritually.

#### Before the Video

- What did your first date look like? Where did you go? What was your initial impression of your spouse?

#### After the Video

- How do you rate the level of intimacy in your marriage: (not so good) 1 2 3 4 5 (great)

#### Digging into the Bible

- What one thing stirred you from the reading from Song of Songs 7:1-13?
- In Matthew 19, the religious leaders tried to trap Jesus regarding the issue of divorce. Jesus said, "Moses permitted divorce only as a concession to your hard hearts, but it was not what God had originally intended" (Matthew 19:8). Read Malachi 2:10-16. Why does God hate (hurt deeply over) divorce?

#### Going Deeper & Action Steps

- Read Psalm 45. Notice how the bride adores her husband of royal birth (Psalm 45:2) and how the husband delights in the beauty of his bride (Psalm 45:11). If you are a believer in the Lord Jesus Christ, you are a son or daughter of the Most High! Look at your spouse. How is God's royalty reflected in your spouse?
- The Hebrew understanding of "YaDah" is parallel with the image of intimacy with God. Being created in the image of God means you are spiritual, physical, and emotional. When you as a couple connect physically, you are merging at an emotional and spiritual level, as well. How does this understanding of "YaDah" help you see your love more deeply? Talk to your spouse about her or his needs, and desires.
- Practice genuine compliments, edifying words to a co-worker, friend and spouse
- Human touch is powerful---appropriately touch those you love with hugs, handshakes, and holding the hand of a loved one or family member. Couples should practice human touch not just as a prelude to intimacy but as intimacy itself.

**Prayer Time** - Pray for true intimacy in marriage, friendships and family as we care for them.

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